



## Prayer During the Day

Lent – Wednesday, 18 March 2020

Cyril, Bishop of Jerusalem, Teacher of the Faith, 386 [Commemoration]

Welcome to virtual Morning Prayer! We will start streaming on St Luke's facebook page at 9.15 am on Wednesday 18 March. This is a new one for us so we will work it out together.

Gemma will say the words in normal print and you can join her in saying the words in **bold**.

### PREPARATION

O God, make speed to save us.

**O Lord, make haste to help us.**

Hear my prayer, O Lord, and give ear to my cry;  
**hold not your peace at my tears.**

*Psalm 39.13*

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### PRAISE

Jesus, like a mother you gather your people to you;  
you are gentle with us as a mother with her children.

**Despair turns to hope through your sweet goodness;**  
**through your gentleness we find comfort in fear.**

Your warmth gives life to the dead,  
your touch makes sinners righteous.

**Lord Jesus, in your mercy heal us;**  
**in your love and tenderness remake us.**

In your compassion bring grace and forgiveness,  
for the beauty of heaven may your love prepare us.

*Anselm (1109)*

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## THE WORD OF GOD

Psalm 11

*Song of Trust in God*

*To the leader. Of David.*

- 1 In the Lord I take refuge; how can you say to me,  
“Flee like a bird to the mountains;
- 2 for look, the wicked bend the bow,  
they have fitted their arrow to the string,  
to shoot in the dark at the upright in heart.**
- 3 If the foundations are destroyed,  
what can the righteous do?
- 4 The Lord is in his holy temple;  
the Lord’s throne is in heaven.  
His eyes behold, his gaze examines humankind.**
- 5 The Lord tests the righteous and the wicked,  
and his soul hates the lover of violence.
- 6 On the wicked he will rain coals of fire and sulfur;  
a scorching wind shall be the portion of their cup.**
- 7 For the Lord is righteous;  
he loves righteous deeds;  
the upright shall behold his face.

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## WE PRAY TOGETHER

God of heaven,  
when the foundations are shaken  
and there is no escape,  
test us, but not to destruction,  
look on the face of your anointed  
and heal us in Jesus Christ your Son.

Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.

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## BIBLE READING

Hebrews 6:13-end

*The Certainty of God's Promise*

13 When God made a promise to Abraham, because he had no one greater by whom to swear, he swore by himself, 14 saying, "I will surely bless you and multiply you." 15 And thus Abraham,[a] having patiently endured, obtained the promise. 16 Human beings, of course, swear by someone greater than themselves, and an oath given as confirmation puts an end to all dispute. 17 In the same way, when God desired to show even more clearly to the heirs of the promise the unchangeable character of his purpose, he guaranteed it by an oath, 18 so that through two unchangeable things, in which it is impossible that God would prove false, we who have taken refuge might be strongly encouraged to seize the hope set before us. **19 We have this hope, a sure and steadfast anchor of the soul, a hope that enters the inner shrine behind the curtain,** 20 where Jesus, a forerunner on our behalf, has entered, having become a high priest forever according to the order of Melchizedek.

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## REFLECTION FROM DAILY PRAYER REFLECTIONS

Blessed are the merciful,  
**for they will receive mercy.**

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## OPEN PRAYER

The Collect of the Day

Almighty God,  
whose most dear Son went not up to joy but first he suffered pain,  
and entered not into glory before he was crucified:  
mercifully grant that we, walking in the way of the cross,  
may find it none other than the way of life and peace;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.  
**Amen.**

As our Saviour taught us, so we pray

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation**

but deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and for ever.  
**Amen.**

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## **THE CONCLUSION**

May God bless us and show us compassion and mercy.  
**Amen.**

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