



## Prayer During the Day

Lent – Tuesday, 24 March 2020

### PREPARATION

O God, make speed to save us.  
O Lord, make haste to help us.

Hear my prayer, O Lord, and give ear to my cry;  
hold not your peace at my tears.

*Psalm 39.13*

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### PRAISE

Jesus, like a mother you gather your people to you;  
you are gentle with us as a mother with her children.

**Despair turns to hope through your sweet goodness;  
through your gentleness we find comfort in fear.**

Your warmth gives life to the dead,  
your touch makes sinners righteous.

**Lord Jesus, in your mercy heal us;  
in your love and tenderness remake us.**

In your compassion bring grace and forgiveness,  
for the beauty of heaven may your love prepare us.

*Anselm (1109)*

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### THE WORD OF GOD

Psalm 8

- 1 O Lord, our Sovereign,  
how majestic is your name in all the earth!  
You have set your glory above the heavens.
- 2 **Out of the mouths of babes and infants  
you have founded a bulwark because of your foes,  
to silence the enemy and the avenger.**

- 3 When I look at your heavens, the work of your fingers,  
the moon and the stars that you have established;
- 4 **What are human beings that you are mindful of them,  
mortals[a] that you care for them?**
- 5 Yet you have made them a little lower than God,  
and crowned them with glory and honour.
- 6 **You have given them dominion over the works of your hands;  
you have put all things under their feet,**
- 7 All sheep and oxen,  
and also the beasts of the field,
- 8 **The birds of the air, and the fish of the sea,  
whatever passes along the paths of the seas.**
- 9 O Lord, our Sovereign,  
How majestic is your name in all the earth!

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## **WE PRAY TOGETHER**

**Take away, good Lord, the sin that corrupts us;  
give us the sorrow that heals  
and the joy that praises  
and restore by grace your own image within us,  
that we may take our place among your people;  
in Jesus Christ our Lord.**

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

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## **BIBLE READING**

Hebrews 9:1-14

<sup>1</sup> Now even the first covenant had regulations for worship and an earthly sanctuary. <sup>2</sup> For a tent was constructed, the first one, in which were the lampstand, the table, and the bread of the Presence this is called the Holy Place. <sup>3</sup> Behind the second curtain was a tent[c] called the Holy of Holies. <sup>4</sup> In it stood the golden altar of incense and the ark of the covenant overlaid on all sides with gold, in which there were a golden urn holding the manna, and Aaron's rod that budded, and the tablets of the covenant; <sup>5</sup> above it were the cherubim of glory overshadowing the mercy seat. Of these things we cannot speak now in detail.

<sup>6</sup> Such preparations having been made, the priests go continually into the first tent[e] to carry out their ritual duties; <sup>7</sup> but only the high priest goes into the second, and he but once a

year, and not without taking the blood that he offers for himself and for the sins committed unintentionally by the people. <sup>8</sup> By this the Holy Spirit indicates that the way into the sanctuary has not yet been disclosed as long as the first tent is still standing. <sup>9</sup> This is a symbol[g] of the present time, during which gifts and sacrifices are offered that cannot perfect the conscience of the worshiper, <sup>10</sup> but deal only with food and drink and various baptisms, regulations for the body imposed until the time comes to set things right.

<sup>11</sup> But when Christ came as a high priest of the good things that have come, then through the greater and perfect tent (not made with hands, that is, not of this creation), <sup>12</sup> he entered once for all into the Holy Place, not with the blood of goats and calves, but with his own blood, thus obtaining eternal redemption. <sup>13</sup> For if the blood of goats and bulls, with the sprinkling of the ashes of a heifer, sanctifies those who have been defiled so that their flesh is purified, <sup>14</sup> how much more will the blood of Christ, who through the eternal Spirit[k] offered himself without blemish to God, purify our conscience from dead works to worship the living God!

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## RESPONSE

Blessed are the merciful,  
for they will receive mercy.

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## PRAYERS

Almighty God  
you called your servant Oscar Romero  
to be a voice for the voiceless poee  
and to give his life  
as a seed of freedom and a sign of hope:  
grant that, inspired by his sacrifice  
and the example of the martyr of El Salvador  
we may without fear or favour  
witness to your Word who abides,  
you Word who is life  
even Jesus Christ our Lord  
to whom, with you and the Holy Spirit  
be praise and glory now and forever.  
Amen

As our Saviour taught us, so we pray

Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.

**For the kingdom, the power,  
and the glory are yours  
now and for ever.  
Amen.**

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## **THE CONCLUSION**

May God bless us and show us compassion and mercy.  
**Amen.**

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