



Daily Prayer in Lent

from Common Prayer: A Liturgy for Ordinary Radicals

O Lord, let my soul rise up to meet you as the day rises to meet the sun. **Glory to the Father, and to the Son, and to the Holy Spirit, (as it was in the beginning, is now, and will be forever. Amen.**

Our delight is in the law of love: may we walk in Christ's light day and night.

God blesses those who refuse the advice of the evil, **who won't follow sinners or sit in the seats of the scornful.**

Their delight is the law of the LORD; **they think about it day and night.**

They are like trees growing beside streams of living water, trees that produce fruit in season.

Their leaves do not wither and everything they do shall prosper. The LORD protects everyone who follows him, **but the road of the wicked leads to ruin.**

(Psalm 1.1-3, 6)

Plant us, O Lord, by streams of living water.

This is the message that we have heard from Christ and announce to you: "God is light and there is no darkness in him at all." If we claim, "We have fellowship with God," and live in the darkness, we are lying and do not act truthfully. But if we live in the light in the same way as he is in the light, we have fellowship with each other, and the blood of Jesus, his Son, cleanses us from every sin. If we claim, "We don't have any sin," we deceive ourselves and the truth is not in us. But if we confess our sins, he is faithful and just to forgive us our sins and cleanse us from everything we've done wrong.

My little children, I'm writing these things to you so that you don't sin. But if you do sin, we have an advocate with the Father, Jesus Christ the righteous one. He is God's way of dealing with our sins, not only ours but the sins of the whole world. The darkness is passing away and the true light already shines. The one who claims to be in the light while hating a brother or sister is in the darkness even now. If you love your brothers and sisters, you are in the light, and there is nothing in the light that could cause you to stumble.

1 John 1.5-2.5

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Another Bible reading and open prayer may follow

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Gregory the Great said: "Dawn, or first light, proclaims that the night is over but does not yet manifest the full brightness of the day. It dispels night, it gives a beginning to the day, but still it is a mixture of light and darkness. All of us who follow the truth in this life, are we not exactly

like the dawn? Some of the things we do are truly works of the light, but others are not entirely free of the remnants of darkness.

This is why Paul does not say “the night has passed and day has come,” but night has passed and day is approaching, showing beyond doubt that he is still in the dawn, after the end of darkness but still before rising of the sun. This is our hope: the sun will rise!”

Our delight is in the law of love: **may we walk in Christ's light day and night**

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation,
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.
Amen.**

Plant us, O Lord, **by streams of living water.**

May the peace of the Lord Christ go with you wherever he may send you; may he guide you through the wilderness, protect you through the storm. May he bring you home rejoicing at the wonders he has shown you; may he bring you back rejoicing once again into our doors.