

Sunday 22nd March

4th Sunday of Lent

8am Holy Communion at St. John's

Mothering Sunday

10am Fourth Sunday Service

Leader and Speaker Lucy Bubb
Intercessions Richard Field
Sidesman Hilary Few, Chris Fawcett
Sound Helen Field
Counters Richard & Helen Field
Duty Churchwarden Sue Davies
Organist Alan Arnott

LENT 2020

Lent is one of the most important times of the year for Christians around the world and it is good to journey together at this time using some shared resources. Together with the "Lent in a Bag", we are using the Church of England resources:

#LiveLent - Care for God's Creation.

With weekly themes and prayers shaped around the first Genesis account of creation, it explores the urgent need for humans to value and protect the abundance God has created.

Please do either pick up a booklet from the back of church or download the app to your phone and share your reflections each week during the "family news" part of the service.

Newsletter Content

If you have any items for the Newsletter (including requests for prayer) please contact Janette Tadman 01245 469124

Email janettetadman@gmail.com
Deadline Wednesday evening

Prayer for those affected by Coronavirus

Keep us, good Lord,
Under the shadow of your mercy.
sustain and support the anxious,
be with those who care for the sick,
and lift up all who are brought low;
That we may find comfort
knowing that nothing can separate
us from your love
in Christ Jesus our Lord.
Amen.

Prayer Course

Rather than running a Lent Course, we will be joining with the other churches in Moulsham Lodge and Tile Kiln for an Eastertide course called **24/7 Prayer**. This will help equip and inspire us to go deeper into prayer, as individuals and as a church family.

The course will run for 8 weeks on **Thursdays** on the following dates

10.30 am at Moulsham Lodge
Methodist Church

7.30 pm at Tile Kiln Church

**23rd, 30th April,
7th, 14th, 21st May,
4th, 11th 18th June.**

St John's will also be running the same course on a Monday evening over the same period and anyone from St Luke's will be welcome.

Contacts

Vicar Revd Gemma Fraser 07540 152561

Churchwardens

Richard Field	Lucy Bubb
07776 208546	07970 728673

Deputy Churchwardens

Mike Tadman	Sue Davies
07740 625454	07708 296804

Sunday, 15th March 2020

stlukemoulsham.co.uk

 /stlukesmoulshamlodge

WELCOME to St. Luke's Church.

Please stay for refreshments and fellowship in the hall after the service.

There will be a collection during the third hymn. If you are a taxpayer, please use a Gift Aid envelope, available from the Sidesmen. If you give by Standing Order or are unable to give today, please pass the basket on.

Sunday 15th March

3rd Sunday of Lent

8am: Holy Communion at St. John's

10am: Service of Holy Communion

President & Preacher: Revd Gemma Fraser

Crucifer Lucy Bubb

Server David Millward

Readings

Exodus 17:1-7 Helen Field

Romans 5:1-11 Mike Tadman

John 4:5-42

Intercessions Dave Thomas

Sidesmen Helen Field, Maxine Buck

Sound Dave Thomas

Counters Dave Thomas, Lucy Bubb

Duty Churchwarden Richard Field

Organist Alan Arnot (voluntary "Fanfare" by Paul Spicer (b. 1952))

Collect

Almighty God,
whose most dear Son went not up to joy but
first he suffered pain,
and entered not into glory before he was
crucified:
mercifully grant that we, walking in the way
of the cross,
may find it none other than the way of life
and peace;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.
Amen

Post Communion Prayer

Merciful Lord,
grant your people grace to withstand the
temptations of the world, the flesh and the
devil,
and with pure hearts and minds to follow you,
the only God;
through Jesus Christ our Lord.
Amen.

TO OUR VISITORS Welcome to our service. The **hymn numbers** are displayed on the boards, and will also be announced. When we come to receive Holy Communion, please see the notes in our **Order of Service**, which are provided for your guidance. We like to mark **birthdays** by singing "Happy Birthday to you: to Jesus be true. May God's richest blessing rest today upon you." If it is your birthday this week, please tell one of the ministers.

The ministry of Prayer with Laying-on-of-Hands for Healing is available every Sunday. If you would like this for yourself or another, please speak to one of the Ministers or Churchwardens.

PLEASE TAKE THIS NEWSLETTER HOME WITH YOU

READINGS: The readings for this week are printed on a separate sheet.

BabyBasics – Lent Giving 2020

This Lent, we are supporting Baby Basics Chelmsford as part of our vision and aims to LOVE, GROW, and SERVE our Community. Last week we were delighted to be joined by Joelle Mortimer who, together with her husband and middle daughter, started Baby Basics Chelmsford. They had been praying for guidance about how they could best serve their community and heard about Baby Basics, which was founded in Sheffield in 2009 and has a vision based on Matthew 25:37 – 40 “Reaching out to the local community to help those in need ...”. They took the idea to the Moulsham Lodge Methodist Church Council, where they worship, and were given the go-ahead to start in September 2019.

Baby Basics Chelmsford has been the quickest set up service and referrals from health care professionals are starting to come through thick and fast.

Baby Basics works with midwives, health visitors and other local organisations to provide Moses basket starter packs for those in need. They help vulnerable groups such as teenage mums, families on low income, and women fleeing domestic abuse and trafficking. Each Moses basket starter pack provides a safer place to sleep and is packed full of toiletries such as nappies, wipes, maternity pads, as well as blankets, towels and baby clothes. For some these are the only items they have for their child.

We asked Joelle how we can help and this is what she said:

How?

- Pray for the project and the small Baby Basics team of helpers
- Talk to friends and neighbours about Baby Basics
- Donate items for the Moses basket starter packs (especially those items marked* below)
- Donate financially so that they can buy essential new items such as mattresses

Baby Basics Chelmsford is open every Friday, 9.30am – 1.30pm, at Moulsham Lodge Methodist Church. Please pop in and chat to the team over a cuppa; find out more about the work of Baby Basics and see the starter packs being created.

What's in a Baby Basics Moses basket starter pack?

NEW:

Breast pads *
Maternity pads *
Hand soap *
Shampoo (Mum / Baby) *
Toothbrush / toothpaste *
Deodorant *
Newborn nappies
Baby wipes
Cotton wool
Chocolate treats for Mum
Baby mattress

SECONDHAND:

Moses Basket
Newborn clothing including knitted items
Bedding for baby
Towels for baby

Buying everything brand new for a
Baby Basics starter pack would cost
c. £200

There is a basket in church to add our donated items and envelopes for financial donations. Please make cheques payable to St Luke's and mark "Baby Basics" on the back of the cheque. If you are a tax payer, please consider gift aiding your donation.

Please Pray This Week

For Brian, Joan, Bob, Margaret,
Tammy, Emma, Greta, Carmen, Revd
John, Nicky Melvyn, Alina,
Margaret, Doug.

for people to step forward as
Churchwardens and PCC members at
the APCM on 19 April

For those named on the prayer board

This week we remember:
Nancy Chilton (16.03.2007)
Amy Cutler (18.03.2000)

This Week

The church is open daily for prayer
Please pray daily the prayer on the
back page of this newsletter

Tuesday 17 March

9.15am: Morning Prayer at
Church of the Holy Spirit, Widford

Wednesday 18 March

9.15am: Morning Prayer at St. Luke's
1.15pm: Edward Bear Toddler Group

Thursday 19 March

9.15am: Morning Prayer at St. John's

Current Arrangements regarding Coronavirus

You will have seen that Coronavirus is dominating the news at the moment and we are seeing a response that is unprecedented in recent history. We are putting plans in place to protect each other, following advice from the Church of England.

We continue with Sunday services but with a few precautions:

1. We continue to receive Communion in one kind (bread) with blessings available (no touch)
2. We continue to share the peace without shaking hands or touching each other
3. We will provide hand washing facilities and hand gel if possible.
4. We will not be serving refreshments after the service. We appreciate that this is a big thing and we are really sorry, the guidance from the Church is clear on this.

We have increased our cleaning schedule and the areas that are cleaned.

We are asking you to help us and protect each other by:

1. Not coming to church if you are unwell, even if it is a cold, cough or runny nose and you believe it's completely unrelated. Please do let us know though so that we can support in other ways,
2. Washing your hands as soon as you come into church. Our plan is to ask everyone to come in the lobby door and go straight to the bathrooms on their way in.

Follow the NHS guidelines on Catch it, Bin it, Kill it and handwashing.

We have made the difficult decision to stop Saturday Coffee until we can safely resume.

We may at some point in the future be asked to stop gathering together. It may not happen and we pray it doesn't, but if it does we will put arrangements in place to help you to worship at home.

Please do talk to us if you have any concerns or worries. This is obviously very worrying for many but we have the opportunity to live out our faith by loving and caring for our neighbours and all pulling together.