

**Sunday 12th February**  
**2nd Sunday before Lent**

**10am: Joint Holy Communion  
service at Moulsham Lodge  
Methodist Church**

No morning service at St Luke's

**4 for 4.30pm: MMU Prayer service  
at St. Luke's**

Rev'd Suzanne McAllister

**Duty Warden/Music:** David

**Sides:** Pat

**Sound:** Richard

**Refreshments:** tbc

**Saturday Coffee 11am-12noon**

Saturday 11th February

- Sue



*Church will be closed afterwards*

**Living Light- February**

The Aumbry Light for February  
has been sponsored in  
memory of:

Sheila Rolland



**Please Pray**

For Brian, Joan, Anna, Greta, Sheila,  
Nicky, Amelia, Val, Audrey and  
Mary



**We remember:**

Anne Blake (07.02.2003)

George Cresswell Bell (08.02.2007)

**Edward Bear Baby and**

**Toddler Group**

Wednesdays 1.15-2.30pm

### Contacts

**Priest in Charge** Vacancy; moulshamchurches@gmail.com

**Associate Priest:** Rev'd Suzanne McAllister 07780 442317  
rev\_suzanne\_mcallister@outlook.com

**Churchwarden:** Lucy Bubb 07970 728673

**Assistant Churchwarden:** David Millward 07749 359971

**Parish Safeguarding Officer:** Sue 07708 296804

**Treasurer:** moulshamstluketreasurer@gmail.com

**Newsletter Content** If you have any items for the Newsletter (including requests for prayer) contact Janette Tadman - janettetadman@gmail.com or 07749 298639



LOVE • GROW • SERVE

# WEEKLY NEWS

Sunday 5th February 2023

stlukemoulsham.co.uk

/stlukesmoulshamlodge

**Sunday 5th February**  
**3rd Sunday before Lent**

**10am: Holy Communion**  
Archdeacon Mike Power

**Sides:** Chris, Maxine

**Sound:** Helen

**Mevo:** Lucy

**Reading:** Chris

**Chalice:** Lucy

**Music:** Music Group

**Duty Warden:** Lucy

**Refreshments:** Brenda, Pat

**Counting:** Richard, Dave T

Followed by refreshments

**The chalice will be offered during  
Communion; please do not dip  
(intinct) your wafer.**

**This service will be live-streamed  
on our Facebook page and  
available on our website**

### Collect

Eternal God,  
whose Son went among the crowds  
and brought healing with his touch:  
help us to show his love, in  
your Church as we gather together,  
and by our lives as they are  
transformed  
into the image of Christ our Lord.  
**Amen.**

### Post Communion Prayer

Merciful Father,  
who gave Jesus Christ to be for us  
the bread of life,  
that those who come to him should  
never hunger:  
draw us to the Lord in faith and love,  
that we may eat and drink with him  
at his table in the kingdom,  
where he is alive and reigns, now  
and for ever.  
**Amen.**

**Birthdays:** "Happy Birthday to you: to Jesus be true.  
May God's richest blessing rest today upon you."

**Financial Giving** Please do support St Luke's using one of the options below:

- Regular giving through the Parish Giving Scheme - see noticeboard for information
- One-off online donations accessed via the St Luke's website homepage
- Contactless card reader available at the back of church

### **Chalice Assistants**

Now that we have returned to sharing the Chalice we want to re-introduce chalice assistants to help with distribution.

Would you be willing to undertake this important role?

To be a chalice assistant, you need to be a regular communicant and to be physically able to do the task. Each person needs to be approved by PCC, having completed a confidential declaration .

If you are interested, please talk to Lucy, and provide the completed paper-work (available at the back of church) by 8 February.

### **World Day of Prayer Friday 3 March, 11am Church of the Holy Spirit**

There will be a World Day of Prayer service taking place at Church of the Holy Spirit on Friday 3 March at 11am, followed by a finger buffet lunch.

World Day of Prayer is a global ecumenical movement led by Christian women who welcome you to join in prayer and action for peace and justice.

Each year service and prayer resources are produced by the women of a particular country - this year the resources have been produced by Christian women in Taiwan and the theme is 'I have heard about your faith', based on the letter to the Ephesians, is an invitation to active listening which is the ground of our prayers.

### **Walsingham Retreat Friday 1st—Sunday 3rd September 2023.**

Last year, a group from St Mary's and Church of the Holy Spirit went on pilgrimage and retreat to Walsingham and found it such an enjoyable experience that they are organising another opportunity this year (1 - 3 September). They are also extending the invitation to South West Chelmsford Churches. There are 30 places available in total.

The price per person £149, Room+ Friday dinner, Saturday breakfast and dinner, Sunday breakfast and lunch. A deposit of £10 is required to secure the booking.

If you are interested or would like to know more information, please contact Jess Wisemen or email: [widfordchurchtalk@gmail.com](mailto:widfordchurchtalk@gmail.com)

### **Shrove Tuesday and Ash Wednesday**

#### **Tues 21 Feb - Pancake Party, 3.30pm-5pm**

We are planning to offer a Pancake Party to children from our community on a smaller scale to previous years. There will be pancakes to decorate and eat, as well as pancake-based craft activities and games. Posters and flyers are available so please spread the word to friends and neighbours. If you would like to help, either on the day or with some of the preparation, please speak to Pat or Revd Suzanne.

#### **Wed 22 Feb - Ash Wednesday Holy Communion with imposition of ashes.**

There are two service opportunities across South West Chelmsford Churches:  
10.30am at St Luke's  
7.30pm at St Mary's, Widford

### **Ideas Wanted: Lent Giving**

The PCC would love to hear your ideas for charitable organisations to support during Lent (22 Feb - 9 Apr). This can be an international, national or local charity, with a clear link to our vision and aims to Love, Grow , Serve.

Please give your suggestions to any member of the PCC by 8 February.

### **Lent - what will you be doing?**

Wondering what to do during Lent, this Swedish proverb might help:

*Fear less, hope more*

*Eat less, chew more*

*Whine less, breathe more*

*Talk less, say more*

*Love more and all good things will be yours.*

### **Thermal Thursdays**

Moulsham Lodge Methodist Church are open for Thermal Thursdays - 10am-4pm - for anyone who wants company and warmth. Its all free with tea, coffee, cakes, soup and roll lunch, chat, arts and crafts, jigsaws and much more!

### **Prayer for our future**

God of our plans and futures, guide us as we dwell in this time of uncertainty. Help us to work together, to love, grow and serve each other; and to share the responsibility of being your light in our community. We turn to your love, comfort and peace as we journey onwards in our faith, becoming the people you desire us to be. In the name of Jesus Christ, our Lord and Saviour. **Amen.**