

**Sunday 15 Feb**  
Sunday Before Lent  
**We will be worshipping at**  
**Moulsham Lodge Methodist**  
**Church.**

**The service will be at 10.30am**

**Rev. Suzanne will be preaching**

### Saturday Coffee

14 Feb - Brenda  
The church will be closed  
afterwards



### Edward Bear Baby & Toddler group

is on Wednesdays (term time only)  
from 1.15pm–2.30pm

### Living Light

The Aumbry Light for January has been sponsored in memory of  
Don Hodgson  
Peter Page  
Sheila Rolland



### Contacts

**Priest in Charge** Revd Stephanie Gillingham  
moulshamchurches@gmail.com

**Associate Priest:** Revd Suzanne McAllister

**Churchwarden:** Lucy Bubb 07970 728673

**Assistant Churchwarden:** David Millward 07749 359971

**Parish Safeguarding Officer:** Sue 07708 296804

**Treasurer:** moulshamstluketreasurer@gmail.com

**Newsletter Content** If you have any items for the Newsletter (including  
requests for prayer) contact Lucy - moulshamchurches@gmail.com

### Please Pray

For Sally, Anna, Val, Audrey, Brian,  
Catherine, Revd Suzanne, Elena,  
Louise, and Elizabeth.

For the people of Palestine and Israel,  
and for peace

### We remember:

George Cresswell Bell 08 February  
2007

Lily Clarke 13 February 2007

Robert Wade 14 February 1988

Renée Kinsman 19 February 2000

Rev. Llewellyn Milliner 20 February  
2009

### Parish Roads:

**We also pray this month for those**  
**living and working in:**

Lime Walk, Linden Close, Linnet Drive,  
Longstomps Avenue, Lucas Avenue



# WEEKLY NEWS

Sunday 08 February 2026

stlukemoulsham.co.uk

/stlukesmoulshamlodge

### Sunday 8 February

2nd Sunday Before Lent

**10am: Holy Communion**

Rev. Suzanne

**Duty Warden/ Mevo:** Lucy

**Sound:** Sue

**Chalice:** Helen

**Sides:** Dawn

**Reader:** Dawn

**Music:** David

**Refreshments:** Maxine

### Weekday Prayers

Tuesdays at 2pm

Disabled access and toilets  
available

### Collect

Almighty God,  
you have created the heavens and the  
earth and made us in your image,  
teach us to discern your hand in all  
your works, and your likeness in all  
your children, through Jesus Christ  
your Son our Lord, who with you and  
the Holy Spirit reigns supreme over all  
things, now and forever. **Amen**

### Post Communion Prayer

God our creator, by your gift the tree  
of life was set at the heart of the  
earthly paradise, and the bread of life  
at the heart of your Church:  
may we who have been nourished at  
your table on earth be transformed by  
the glory of the Saviour's cross and  
enjoy the delights of eternity; through  
Jesus Christ our Lord.  
**Amen**

### Birthdays:

*"Happy Birthday to you: to Jesus be true.  
May God's richest blessing rest today upon you."*

### Financial Giving

Please do support St Luke's using one of the options below:

- Regular giving through the Parish Giving Scheme - see noticeboard for information
- One-off online donations accessed via the St Luke's website homepage
- Contactless card reader available at the back of church

## **Romans 8:18-25**

<sup>18</sup> I consider that the sufferings of this present time are not worth comparing with the glory about to be revealed to us. <sup>19</sup> For the creation waits with eager longing for the revealing of the children of God; <sup>20</sup> for the creation was subjected to futility, not of its own will but by the will of the one who subjected it, in hope <sup>21</sup> that the creation itself will be set free from its bondage to decay and will obtain the freedom of the glory of the children of God. <sup>22</sup> We know that the whole creation has been groaning in labour pains until now; <sup>23</sup> and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. <sup>24</sup> For in hope we were saved. Now hope that is seen is not hope. For who hopes for what is seen? <sup>25</sup> But if we hope for what we do not see, we wait for it with patience.

## **Matthew 6:25-end**

<sup>25</sup> 'Therefore I tell you, do not worry about your life, what you will eat or what you will drink, or about your body, what you will wear. Is not life more than food, and the body more than clothing? <sup>26</sup> Look at the birds of the air; they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? <sup>27</sup> And can any of you by worrying add a single hour to your span of life? <sup>28</sup> And why do you worry about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin, <sup>29</sup> yet I tell you, even Solomon in all his glory was not clothed like one of these. <sup>30</sup> But if God so clothes the grass of the field, which is alive today and tomorrow is thrown into the oven, will he not much more clothe you—you of little faith? <sup>31</sup> Therefore do not worry, saying, "What will we eat?" or "What will we drink?" or "What will we wear?" <sup>32</sup> For it is the Gentiles who strive for all these things; and indeed your heavenly Father knows that you need all these things. <sup>33</sup> But strive first for the kingdom of God and his righteousness, and all these things will be given to you as well. <sup>34</sup> 'So do not worry about tomorrow, for tomorrow will bring worries of its own. Today's trouble is enough for today.

## **The Storytellers by Luxmuralis, Chelmsford Cathedral**

From Tuesday 10 to Saturday 14 February, there is an immersive experience taking you on a journey through multiple spectacular sound and light artworks, from the earliest oral traditions to the classics of world literature. Each artwork acts as a chapter of storytelling history as you walk through ancient texts and become immersed in the realms of famous authors' imaginations. **Purchase tickets here: [www.chelmsfordcathedral.org.uk/lux](http://www.chelmsfordcathedral.org.uk/lux)**

## **PCC Meeting**

The PCC is meeting next week on Tuesday 10 February at 7pm, and will be joined by Archdeacon Jonathan. Please pray for the PCC members and for the meeting.

## **Ash Wednesday, 18 February**

There are two services of Holy Communion with the imposition of ashes within South West Chelmsford Churches as we mark the start of Lent:

10am - St Luke's Church

7.30pm - St Michael's Church, Galleywood

## **Pancake Party, 24 February**

As Shrove Tuesday falls during half term this year, we have decided to hold our Pancake Party the following week on Tuesday 24 February! We would love some helpers please to heat up the pancakes in the microwave, be on hand to serve drinks, chat to those that come along and, of course, wash and clear up afterwards. The plan is to set up 2.30pm, start serving at 3pm, clear up by 4.45pm (or earlier if we run out of pancakes). Could you help? Please let Lucy, Suzanne or Stephanie know.

## **World Day of Prayer, Friday 6 March**

There is a World Day of Prayer service being held at 10.30am at St Mary's Church, Widford followed by refreshments. The theme this year is "I will give you rest, come" (Matthew 11:28) and the service has been written by women in Nigeria. If you've never been to a World Day of Prayer service, go along this year, they really are special.

## **Eco Tip: Driving**

If using your car, there are things you can do to reduce your carbon emissions including: avoid rapid acceleration and sudden breaking; maintain a steady speed; reduce time spent idling; check tyre pressure regularly; keep your car well maintained to ensure optimal performance and fuel efficiency; and plan trips into one journey rather than many short trips.

## **New Bank Account**

We are delighted that the switch to our new bank account has completed and is up and running. Our current account is now with The Co-operative Bank; there is a branch in the High Street, Chelmsford.