

**Sunday 1 March**  
 2nd Sunday of Lent  
**10am Morning Worship**  
 Lucy  
 'Resurrection Journeys' - based on the Lent Course as part of the Diocesan 100 Days of Prayer  
**Duty Warden:/Sound:** Sue  
**Sides:** Maxine  
**Reader:** Chris  
**Music:** Music Group  
**Refreshments:** Brenda  
**Counters:** Helen and Sue

**Please Pray**  
 For Sally, Anna, Val, Audrey, Brian, Catherine, Revd Suzanne, Elena, Louise, and Elizabeth.  
 For the people of Palestine and Israel, and for peace  
**We remember:**  
 Martin Buck      22 February 2013  
**Parish Roads:**  
**We also pray this month for those living and working in:**  
 Lime Walk, Linden Close, Linnet Drive, Longstomps Avenue, Lucas Avenue

**Saturday Coffee**  
 28 Feb - Brenda  
 The church will be closed afterwards



**Living Light**  
 The Aumbry Light for February has been sponsored in memory of  
 Benjamin Davies  
 Don Hodgson  
 Sheila Rolland



**Edward Bear Baby & Toddler group**  
 is on Wednesdays (term time only) from 1.15pm—2.30pm

**Contacts**  
**Priest in Charge**      Revd Stephanie Gillingham  
                                  moulshamchurches@gmail.com  
**Associate Priest:**      Revd Suzanne McAllister  
**Churchwarden:**      Lucy Bubb 07970 728673  
**Assistant Churchwarden:** David Millward 07749 359971  
**Parish Safeguarding Officer:** Sue 07708 296804  
**Treasurer:**            moulshamstluketreasurer@gmail.com  
**Newsletter Content**    If you have any items for the Newsletter (including requests for prayer) contact Lucy - moulshamchurches@gmail.com

**Sunday 22 February**  
 1st Sunday of Lent  
**10am: Holy Communion**  
 Revd Stephanie  
 'Resurrection Journeys' - based on the Lent Course as part of the Diocesan 100 Days of Prayer  
**Duty Warden:** Richard  
**Mevo:** Lucy  
**Sound:** Dave T  
**Chalice:** Maxine  
**Sides:** Hilary  
**Reader:** Hilary  
**Music:** David  
**Refreshments:** Helen  
  
**Weekday Prayers**  
 Tuesdays at 2pm  
 Disabled access and toilets available

**Collect**  
 Heavenly Father,  
 your Son battled with the powers of darkness,  
 and grew closer to you in the desert:  
 help us to use these days to grow in wisdom and prayer  
 that we may witness to your saving love in Jesus Christ our Lord. **Amen**  
  
**Post Communion Prayer**  
 Lord God,  
 you have renewed us with the living bread from heaven; by it you nourish our faith, increase our hope, and strengthen our love: teach us always to hunger for him who is the true and living bread, and enable us to live by every word that proceeds from our of your mouth; through Jesus Christ our Lord.  
**Amen**

**Birthdays:**  
*"Happy Birthday to you: to Jesus be true. May God's richest blessing rest today upon you."*

**Financial Giving**  
 Please do support St Luke's using one of the options below:
 

- Regular giving through the Parish Giving Scheme - see noticeboard for information
- One-off online donations accessed via the St Luke's website homepage
- Contactless card reader available at the back of church

### **Genesis 2: 15-17 and 3:1-7**

<sup>15</sup> The LORD God took the man and put him in the garden of Eden to till it and keep it. <sup>16</sup> And the LORD God commanded the man, 'You may freely eat of every tree of the garden; <sup>17</sup> but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.'

**3** Now the serpent was more crafty than any other wild animal that the LORD God had made. He said to the woman, 'Did God say, "You shall not eat from any tree in the garden"?' <sup>2</sup> The woman said to the serpent, 'We may eat of the fruit of the trees in the garden; <sup>3</sup> but God said, "You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.'" <sup>4</sup> But the serpent said to the woman, 'You will not die; <sup>5</sup> for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.' <sup>6</sup> So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. <sup>7</sup> Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loin cloths for themselves.

### **Matthew 4:1 - 11**

Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. <sup>2</sup> He fasted for forty days and forty nights, and afterwards he was famished. <sup>3</sup> The tempter came and said to him, 'If you are the Son of God, command these stones to become loaves of bread.' <sup>4</sup> But he answered, 'It is written,

"One does not live by bread alone,  
but by every word that comes from the mouth of God."

<sup>5</sup> Then the devil took him to the holy city and placed him on the pinnacle of the temple, <sup>6</sup> saying to him, 'If you are the Son of God, throw yourself down; for it is written,

"He will command his angels concerning you",  
and "On their hands they will bear you up,  
so that you will not dash your foot against a stone."

<sup>7</sup> Jesus said to him, 'Again it is written, "Do not put the Lord your God to the test."' <sup>8</sup> Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour; <sup>9</sup> and he said to him, 'All these I will give you, if you will fall down and worship me.' <sup>10</sup> Jesus said to him, 'Away with you, Satan! for it is written,

"Worship the Lord your God,  
and serve only him."

<sup>11</sup> Then the devil left him, and suddenly angels came and waited on him.

### **PCC Key Messages**

The PCC met on Tuesday 10 February and share these key messages:

- The first half of the meeting was a good conversation with Archdeacon Jonathan. It was a positive meeting. We have not been forgotten and he understands our difficulties and wants to help us.
- We considered our eco journey to silver, which is going well. Dawn has agreed to undertake carbon literacy training to help us.
- We agreed to support 3 charities over the next 3 years, and have created a short list for you to vote. The voting will start next week for 2-3 weeks.

### **Pancake Party, 24 February**

As Shrove Tuesday fell during half term this year, we have decided to hold our Pancake Party this coming Tuesday! We could always do with some more helpers. We would love you to come and chat to those who join us and, of course, eat some yummy pancakes too! The plan is to set up 2.30pm, start serving at 3pm, clear up by 4.45pm (or earlier if we run).

### **Deanery Day, Saturday 28 February, 9.30am-3.30pm**

An opportunity to come together at Meadgate Church, Mascalls Way, and hear about sources of support, ideas, success stories as well as worshipping together. There's no charge—bring your own lunch.

Book by emailing: [chelmsforddeanerysynod@gmail.com](mailto:chelmsforddeanerysynod@gmail.com)

### **World Day of Prayer, Friday 6 March**

There is a World Day of Prayer service being held at 10.30am at St Mary's Church, Widford followed by refreshments. The theme this year is "I will give you rest, come" (Matthew 11:28) and the service has been written by women in Nigeria. If you've never been to one of these services, go along this year, they really are special.

### **Eco Tip: Lightbulbs**

Switch old lightbulbs to LED. These use less electricity - which may be produced using carbon emitting fossil fuels.

### **New Bank Account**

We are delighted that the switch to our new bank account has completed and is up and running. Our current account is now with The Co-operative Bank; there is a branch in the High Street, Chelmsford.